



ATHLETE OF THE YEAR 2023

	Day Stage	Night Stage	Overall			Grand Slam 大獎
Class	Champion	Champion	Champion	1st Runner-up	2nd Runner-up	
ME	Yu Tsz Wai	Yu Tsz Wai	Yu Tsz Wai	Wong Cheuk Wang	-	Yu Tsz Wai
WE	Chan Pui Fung	Chan Pui Fung	Chan Pui Fung	-	-	-
MO	Man Chi Kin	Man Chi Kin	Man Chi Kin	Chan Ho Yin	Cheung Chi Shing	Man Chi Kin
WO	Wan Yuen Ting	Wan Yuen Ting	Wan Yuen Ting	Hui Jasmine	Li Heidi	Wan Yuen Ting
MS	Chan Tsz Chung	Lo Wing Shiu	Lo Wing Shiu	Yan Chi Hang	Liang Chi Hang	-
WS	Au Wing See	Au Wing See	Au Wing See	Yu Hoi Yan	-	Au Wing See
MA	Lo Chun Hei	Lo Chun Hei	Yip Cheuk Him	Lo Chun Hei	-	-
WA	Chan Chit Ying / Tsoi Ka Ying	Ko Hiu Man Sophie / Leung Hiu Yuet	-	-	-	-
MB	Lau Yiu Hei	Chan Pak Hei Ryan	Chan Pak Hei Ryan	-	-	-
WB	Jerika Kong	-	-	-	-	-
MC	Trevor Milas	Wong Sai Cheung	Yuen Tsz Hei	-	-	-
WC	Chung Pui Ching	Chung Pui Ching	Chung Pui Ching	Leung Sophie	-	Chung Pui Ching

ATHLETE OF THE YEAR AWARD

CLASS	NAME	Day	Night	Final	Total	CLASS	NAME	Day	Night	Final	Total
ME	Yu Tsz Wai	1000	1000	2000	4000	WE	Chan Pui Fung	1000	1000	-	2000
ME	Wong Cheuk Wang	953	1000	1822	3775						
MO	Man Chi Kin	1000	1000	2000	4000	WO	Wan Yuen Ting	931	1000	2000	3931
MO	Chan Ho Yin	880	791	1634	3305	WO	Hui Jasmine	1000	1000	1922	3922
MO	Cheung Chi Shing	794	703	1422	2919	WO	Li Heidi	938	959	1646	3543
MS	Lo Wing Shiu	1000	1000	2000	4000	WS	Au Wing See	1000	1000	2000	4000
MS	Yan Chi Hang	860	834	1892	3586	WS	Yu Hoi Yan	762	825	1506	3093
MS	Liang Chi Hang	730	784	-	1514						
MS	Fu Man Fai	723	777	-	1500						
MA	Yip Cheuk Him	819	997	2000	3816						
MA	Lo Chun Hei	1000	1000	0	2000						
MB	Chan Pak Hei Ryan	888	956	-	1844						
MC	Yuen Tsz Hei	936	1000	1828	3764	WC	Chung Pui Ching	1000	1000	-	2000
						WC	Leung Sophie	938	1000	-	1938

2023

3 Days 3 Nights

Day Champion		Man Chi Kin	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
MO	1	Man Chi Kin			0:17:26	1000	0:17:13	1000	2000
MO	2	Chan Ho Yin			0:19:48	880	0:20:17	849	1729
MO	3	Cheung Chi Shing	0:22:52	744	0:21:57	794	0:26:59	638	1538
MO	4	Lui Tsz Hin			0:32:32	536	0:30:01	574	1110
MO	5	Fung Chun Pan			0:41:28	420	0:27:36	624	1044
MO	6	Wong Sing Ham	0:17:01	1000					1000
MO	7	Lee Sze Lut Nazirite					0:17:45	970	970
MO	8	Cheung Chi Ko Abdon					0:18:00	956	956
MO	9	Au Cheuk Yiu Janos					0:18:03	954	954
MO	10	Chan Yip Sang					0:18:31	930	930
MO	11	Cheung Ho Lam Marcus			0:19:36	889			889
MO	12	Wong Tsz Fung					0:19:26	886	886
MO	13	Wong Kwan					0:19:41	875	875
MO	14	Wong Wai Ngai Eric					0:20:04	858	858
MO	15	Daniel Pereira					0:20:05	857	857
MO	16	Li Ming Chi					0:20:07	856	856
MO	17	Chau Chi Kin					0:20:18	848	848
MO	18	Chan Cheuk Kai Kevin					0:20:28	841	841
MO	19	Ho Yin To			0:20:46	839			839
MO	20	Chau Po Lok					0:20:33	838	838
MO	21	Cheung Siu Hei					0:20:38	834	834
MO	22	Leung Yiu Tin					0:20:47	828	828
MO	23	Cheng Ping Kuen					0:20:59	820	820
MO	24	Cheung Kwok Wai					0:21:09	814	814
MO	25	Fong Tsz Lo					0:21:29	801	801
MO	26	Yiu Vor					0:22:38	761	761
MO	27	Leung U Hang					0:22:42	758	758

2023

3 Days 3 Nights

[illegible]

MO	28	Choi Wai Kit					0:24:23	706	706
MO	29	Lam Ming Yiu					0:24:34	701	701
MO	30	Li Fuk Lung Bruce	0:25:02	680					680
MO	31	Chan Pui Wing					0:25:21	679	679
MO	32	Chu Hing Shing					0:26:22	653	653
MO	33	Sao Ho Chun					0:26:28	651	651
MO	34	Wong Timothy Bryan Co					0:26:45	644	644
MO	35	Chung Wai Nang					0:27:10	634	634
MO	36	Luk Chi Hin					0:27:54	617	617
MO	37	Chan Chun Hang					0:31:33	546	546
MO	38	Chan Chit Hung Isaac					0:32:50	524	524
MO	39	Tam Chi Ho			0:35:45	488	DNS		488
MO	40	Yu Ho Lung					0:39:32	435	435
MO	41	Leung Hoi Wan					DISQ	0	0

MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									
MO									

Day Champion		Yu Tsz Wai		1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2	
ME	1	Yu Tsz Wai	0:15:17	1000	0:14:41	1000	0:15:01	1000	2000	
ME	2	Wong Cheuk Wang			0:15:24	953	0:16:21	918	1871	
ME	3	Choy Kwok Wai	0:16:47	911			0:18:16	822	1733	
ME	4	Li Chun Ho					0:15:20	979	979	
ME	5	Chow Man Long					0:17:19	867	867	
ME	6	Jeremy Leung					0:17:30	858	858	
ME	7	Yam Kai Yui Hubert					0:17:43	848	848	
ME	8	Hui Siu Tung					0:17:47	844	844	
ME	9	Chiu Yau Chung					0:18:01	833	833	
ME	10	Au Cheuk Yiu Janos			0:18:07	810			810	
ME	11	Shiu Chit Hei					0:18:43	802	802	
ME	11	Li Sing Wai					0:18:43	802	802	
ME	13	Yip Chak Lun Gerald					0:18:47	799	799	
ME	14	To Chung Yin					0:19:10	783	783	
ME	15	Chung Ho Yin					0:19:26	773	773	
ME	16	Lam Ka Ching					0:20:00	751	751	
ME	17	Yuen Wan Ho			0:20:07	730	DISQ		730	
ME	18	Wong Tsz Fung			0:22:54	641			641	
ME	19	Chung Wai Nang	0:26:04	586					586	
ME	20	Au Bing Wing			0:25:16	581			581	
ME	21	Chu Hing Shing			0:27:06	542			542	
ME	22	Chow Tin Nok					0:28:56	519	519	

Night Champion		Yu Tsz Wai		1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2	
ME	1	Yu Tsz Wai	DNS	0	0:16:29	1000	0:14:25	1000	2000	
ME	2	Wong Cheuk Wang	0:15:16	1000			0:14:26	999	1999	
ME	3	Yuen Wan Ho	DISQ	0	0:19:21	852	0:15:00	961	1813	
ME	4	Jeremy Leung	0:20:01	763	0:28:55	570	0:19:37	735	1498	
ME	5	Choy Kwok Wai	DISQ	0			0:18:15	790	790	
ME	6	Wong Wan Chun			0:39:37	416		416		
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										
ME										

Day Champion		Chan Tsz Chung		1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2	
MS	1	Chan Tsz Chung	0:17:16	1000			0:17:52	1000	2000	
MS	2	Lo Wing Shiu			0:16:55	1000	0:19:28	918	1918	
MS	3	Wong Isaac	0:20:30	842	0:19:57	848	0:20:59	851	1699	
MS	4	Yan Chi Hang	0:21:36	799	0:19:40	860	0:22:20	800	1660	
MS	5	Fu Man Fai			0:23:39	715	0:24:43	723	1438	

Night Champion		Lo Wing Shiu		1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2	
MS	1	Lo Wing Shiu	0:16:29	1000	0:21:54	1000	0:18:59	1000	2000	
MS	2	Fu Man Fai			0:28:12	777	0:24:37	771	1548	
MS	3	Liang Chi Hang	DNS	0	0:27:57	784	0:25:19	750	1534	
MS	4	Yan Chi Hang	DNS	0	0:33:01	663	0:22:45	834	1497	
MS	5	Wong Pui Keung	0:20:08	819					819	

Day Champion		Chan Pui Fung	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WE	1	Chan Pui Fung	0:21:49	1000	0:19:35	1000	0:22:06	855	2000
WE	2	Lo Hoi Yan			0:21:40	904	0:23:23	808	1712
WE	3	Lam Cho Yu					0:18:54	1000	1000
WE	4	Chan Hau Wah Brenda					0:19:50	953	953
WE	5	Chu Ying Yau					0:19:58	947	947
WE	6	Chan Lai Yee			0:21:05	929			929
WE	7	Wong Yi Shan					0:22:37	836	836
WE	8	Man Wing			0:23:36	830			830
WE	9	Siu Pui Yuet	0:26:43	817					817
WE	10	Leung Hei Tung					0:24:40	766	766
WE	11	Lee Wing Sze Vivian					0:26:11	722	722
WE	12	Lui Wai Lan Iris					0:29:43	636	636
WE	13	Chiu Konie			0:32:05	610			610
WE	14	Cheung Po Ling			0:44:22	441			441
WE	15	Kan Ming Pui					DISQ	0	0

Night Champion		Chan Pui Fung	1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WE	1	Chan Pui Fung			0:21:23	1000	0:20:04	1000	2000
WE	2	Chan Lai Yee	0:23:18	833			0:20:05	999	1832
WE	3	Lo Hoi Yan	0:19:24	1000					1000
WE	4	Wong Yee Yan	0:22:55	847					847
WE	5	Soo Wai Hin			0:25:39	834			834
WE	6	Yee Sze Wing	DISQ	0	0:27:06	789			789
WE									
WE									
WE									
WE									
WE									
WE									
WE									
WE									
WE									

Day Champion		Au Wing See	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WS	1	Au Wing See	0:28:24	898	0:22:48	1000	0:31:39	839	1898
WS	2	Yu Hoi Yan	0:40:15	634	0:35:07	649	0:36:40	724	1373
WS	3	Chan Yin Wan			0:38:56	586	0:43:53	605	1191
WS	4	Chan Ka Man					0:26:33	1000	1000
WS	4	Lui Lai Han Dennex	0:25:31	1000					1000
WS	6	Lee Yuk Mui	0:25:34	998					998
WS	7	Vickie Wong					0:26:38	997	997
WS	8	Chiu Wai Yin					0:26:52	988	988
WS	9	Li Heidi					0:27:03	982	982
WS	10	Lau Pik Yi					0:29:07	912	912
WS	11	Chiu Chong Hua					0:29:32	899	899
WS	12	Lam Yuen Kwan Ada					0:32:13	824	824
WS	13	Wong Yuk Hing					0:32:23	820	820
WS	14	Chui Lai Kuen Candy					0:34:13	776	776
WS	15	Chan Po Yee					0:35:03	757	757
WS	16	Cheng Po Yi					0:36:12	733	733
WS	17	Luk Lai Lai Rene					0:41:26	641	641
WS	18	Ng Miu Lan			0:47:57	475			475
WS	19	Pang Shuet Lai			0:56:02	407			407
WS	20	Leung Yee May			OT	0			0
WS	20	Wong Yuk Ching Lam					OT	0	0

Night Champion		Au Wing See	1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WS	1	Au Wing See	0:29:19	1000	0:35:31	1000	0:30:45	1000	2000
WS	2	Yu Hoi Yan	0:31:00	946	0:35:36	998	0:37:46	814	1944
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									
WS									

Day Champion		Lo Chun Hei	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
MA	1	Lo Chun Hei	0:18:48	1000	0:29:11	517	0:27:45	604	1604
MA	2	Yip Cheuk Him	0:22:57	819	0:21:37	699			1518

Night Champion		Lo Chun Hei	1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
MA	1	Lo Chun Hei	0:18:15	895	0:24:41	1000	0:19:47	1000	2000
MA	2	Yip Cheuk Him	0:18:17	893	0:24:45	997	0:20:56	945	1942

MB	31	Mok Ho Yung Nigel					0:35:54	403	403
MB	32	Tong Yui Him					0:54:05	267	267
MB	33	Cheung Tin Yan Nathan			DISQ	0			0
MB	33	Leung Ching Yan					DISQ	0	0
MB	33	Cheng Chi Chung					DISQ	0	0
MB	33	So Hoi Nok					DISQ	0	0
MB	33	Wan Wan					DISQ	0	0

MB									
MB									
MB									
MB									
MB									
MB									
MB									

Day Champion		Jerika Kong	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WB	1	Jerika Kong					0:16:32	1000	1000
WB	2	Wong Yik Fei					0:18:36	889	889
WB	3	Ho Mandy Wing Yi					0:19:51	833	833
WB	4	Yip Ka Ka					0:23:10	714	714
WB	5	Lee Tsz Yau					0:24:18	680	680
WB	6	Wong Hei Ching Hillary					0:46:56	352	352
WB	7	Cheng Ngo Ching Rochelle					OT	0	0
WB	7	Cho Tsz Pui Chloe					OT	0	0
WB	7	Wong Lok Hay Haylie					OT	0	0

Night Champion			1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WB									0
WB									0
WB									0
WB									0
WB									0
WB									0
WB									0
WB									0
WB									0

Day Champion		Trevor Milas	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
MC	1	Trevor Milas	0:40:26	719	0:20:51	986	0:34:08	508	1705
MC	2	Yuen Tsz Hei			0:21:57	936	0:25:40	676	1612
MC	3	Chan One	0:51:50	561	0:24:14	848	0:34:17	506	1409
MC	4	Chan Sun	0:53:36	543			0:33:20	521	1064
MC	5	Leung Ngo Fung					0:17:21	1000	1000
MC	6	Wong Sai Cheung			0:20:33	1000	DISQ	0	1000
MC	7	Xie Linghao	0:29:05	1000					1000
MC	8	Ku Kin Hay Hendrick					0:18:32	936	936
MC	9	Cheung Tin Yan Nathan					0:21:48	796	796
MC	10	Shek Cho Shing					0:22:05	786	786
MC	11	Ng Yat Hei					0:22:44	763	763
MC	12	Leung Pak Yin			0:29:03	707			707
MC	13	Leung Wilson Aaric					0:25:30	680	680
MC	14	Kam Ho Tin					0:26:55	645	645
MC	15	Kam Tin Lam					0:26:58	643	643
MC	16	So Cheuk Shun					0:35:51	484	484
MC	17	Cheung James			0:43:32	472			472
MC	18	Lee Yui Him					0:39:27	440	440
MC	19	Wong Kin Yik					0:57:26	302	302
MC	20	So Cheuk Mong					DISQ	0	0
MC	20	Lam Yeek Chun			DISQ	0			0

Night Champion		Wong Sai Cheung	1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
MC	1	Wong Sai Cheung	0:13:24	1000	0:59:27	417	0:21:58	1000	2000
MC	2	Yuen Tsz Hei	0:14:55	898	0:24:48	1000	0:42:33	516	1898
MC	3	Chan One			0:48:27	512	0:40:14	546	1058
MC	4	Leung Pak Yin	0:23:03	581					581
MC	5	Shek Cho Shing					0:40:13	546	546
MC	6	Kam Ho Tin			0:48:28	512			512
MC	7	Lau Yiu Lun	0:28:40	467					467
MC	8	Wong Jone Pop	0:40:26	331					331
MC	9	Lam Ho Ting	0:51:18	261					261
MC	10	Chan Sun			OT	0			0
MC	10	Kam Tin Lam			OT	0			0
MC									
MC									
MC									
MC									
MC									
MC									
MC									
MC									
MC									

Day Champion		Chung Pui Ching	1 - 11.03 Shun Tin		2 - 01.07 Tsz Wan Shan		3 - 12.11 Tai Po Market		Day
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WC	1	Chung Pui Ching	0:25:55	1000	0:14:16	1000	0:20:24	1000	2000

Night Champion		Chung Pui Ching	1 - 23.07 Choi Wan (I)		2 - 30.09 Choi Wan (II)		3 - 16.12 Choi Hung		Night
CLASS	Place	NAME	TIME	SCORE	TIME	SCORE	TIME	SCORE	Best 2
WC	1	Chung Pui Ching	DNS	0	0:24:44	1000	0:19:31	1000	2000

